

Offers 2012

One Day of Wellness

Ayurveda „Become in touch“

Ayurveda is an unique opportunity of well-being and care. Experiment and discover this myth of India with treatments of warm oils and natural herbs. You will feel deeply relaxed.

- Garshan – treatment with raw silk gloves
- Padabhyanga – footmassage and footbath with natural herbs
- Abhyanga –traditional complete body massage with warm oil
- Mukabhyanga –face and head massage with warm oil
- Ayurvedic tea ceremony

Relaxtime 3 hours

special 179,00 Euros



„Fit Body“ Program by Dr. P. Jentschura

Peter Jentschura developed a natural basic – mineral body and face care of high quality. Enjoy these special health and beauty applications designed for your inner and outer balance.

- Basic foot AlkaBath® and energetic foot massage
- whole body massage with energy brushes
- Basic facial treatment with facial massage
- Peter Jentschura's herbal tea

Relaxtime 3 hours

special 179,00 Euros

Beauty day "Time for myself"

Relaxing program from head to toe.

- Full body peeling with Algae Body Wrap
- Facial treatment
- Anti - stress back massage

Relaxtime 2.5 hours

special 139,00 Euros

Partner Treatment „Time for us“

Feel the joy of pampering. Enjoy our treatment room for partner.

- Welcome with a foot bath and relaxing foot massage
- Tea ceremony
- Private sauna
- Full body peeling and algae body wrap
- Aromatherapy massage whole body

Relaxtime 3 hours

special 257,00 Euros



Three Days of Wellness

“Perl of the Mediterranean Sea”

Excellent program for mental and physical relaxation.

During the three days you get pampered for 2 hours daily with the following treatments:

- Daily ceremony with green tea
- 2 x energizing foot massage with foot bath
- 1 x massage with energy brushes
- 1 x relaxing facial treatment with facial massage
- 1 x Full body peeling with detox body wrap
- 1 x Aromatherapy Massage

Relaxtime 6 hours

special 320,00 Euros

Ayurveda „Stress away”

Ayurveda is a traditional system which offers treatments for health, beauty and happiness. Three days just for you to enjoy a sensation of well-being.

- Daily 2 hours of treatments according to your energy system (dosha):
- Garshan – treatment with raw silk gloves
- Udvartana - massage with deeply penetrating herbal paste
- Padabhyanga – footmassage and footbath with natural herbs
- Abhyanga –traditional complete body massage with warm oil
- Mukabhyanga –face and head massage with warm oil
- Ayurvedic facial treatment
- Ayurvedic tea ceremony

Relaxtime 6 hours

special 349,00 Euros



3 days „Fit Body“ Program by Dr. P. Jentschura

Cleanse and relax your body with our treatments designed by Peter Jentschura. Enhance your overall sense of well – being!

Two hours of treatments daily:



- Basic Manicure and massage with energy brushes
- Pedicure with AlkaBath® peeling und massage with energy brushes
- Full body peeling massage with AlkaBath® and oil
- AlkaBath® and honey detox back massage
- Basic foot AlkaBath® and foot massage
- whole body massage with energy brushes
- Basic facial treatment and facial massage
- Peter Jentschura's herbal tea

Relaxtime 6 hours

special 349,00 Euros





Six Days of Wellness

Ayurveda „Indian Dream“

This 6 – day - package is excellent for iron out the stress and strain of life, leaving your body and mind in a state of relaxation.

- Daily 2 hours of treatments according to your energy system (dosha) :
- Garshan – treatment with raw silk gloves
- Udvartana – cleansing massage with deeply penetrating herbal paste
- Pinda Sveda – massage with warm pouches containing a mixture of herbs
- Padabhyanga – foot massage and foot bath with natural herbs
- Abhyanga –traditional complete body massage with warm oil
- Mukabhyanga –face and head massage with warm oil
- Ayurvedic facial treatment
- Ayurvedic tea ceremony

Relaxtime 12 hours

628,00 Euros

„Fit Body“ Intensive Program by Dr. P. Jentschura

“Health by purification”, - Peter Jentschura developed a natural basic – mineral body and face care of high quality. Enjoy 6 days of health and beauty applications designed for relaxation.

Two hours of treatments daily:

- Basic Manicure and hand massage with energy brushes
- Pedicure with AlkaBath® peeling und massage
- Full body peeling massage with AlkaBath® and oil

- Basic foot AlkaBath® and foot massage
- whole body massage with energy brushes
- AlkaBath® and honey detox back massage
- Basic facial treatment and facial massage
- Peter Jentschura's herbal tea

Relaxtime 12 hours

special

628,00 Euros

