

# islandlife



October 2008/3.00€

*World's top climbers head for the cliffs*

## DAREDEVILS ON THE ROCKS

UNIQUE ART  
NEIL ARMS' LARGER  
THAN LIFE PAINTINGS

## TWO HEARTS BEAT AS ONE

*Cuban Latin rhythms  
to get the pulses racing*

FOOD FOR  
THOUGHT  
*Keeping Mallorca's  
traditions alive*

PLUS

MOVIES, BOOKS, GADGETS,  
INTERNET, PROPERTY SECTION  
& SERVICE DIRECTORY





## In the land of **cherry-tree**

THE PASSION FOR THE EXOTIC DROVE EUROPEANS TO TRAVEL THE WORLD. JAPAN WAS ALWAYS MOST MYSTERIOUS LAND. THE SECOND JAPANESE DAYS BROUGHT US CLOSER TO THIS INCREDIBLE CULTURE.

**Text** Zuzanna Grochulska

**T**he Blau PortoPetro Hotel organised the second Japanese event to bring us closer to this oriental culture that still seems quite enigmatic to us, Europeans. Over two days (20th - 21st) visitors could participate in various courses and practical classes that would work out your body and soul. The perfect harmony, yin and yang.

On Saturday there was a master class on oriental massage featuring classes of shiatsu, pressure-massage and practical advices for day-to-day use that were given in the exclusive spa of the Blau

Hotel. In the evening a special dinner was held during which we could taste the best fusion of Japanese and Mediterranean cuisine. On Sunday relaxation was assured with a course of bonsai trees and a Japanese cooking class. Sushi dishes have no secrets any more for all who took part. The Japanese chef gave even a short lesson of calligraphy for our photographer.

The visitors and guests to the hotel relaxed while cutting bonsai trees and having oriental massages and have widened their horizons with this stunning culture that teaches patience, tolerance and good manners. ■

